Management of Family Violence: Working with Couples in Violent Relationships

Duration: 3 days / 21 hours (inclusive assessment)   Venue: Social Service Institute

Overview
The Women's Charter provides the framework for protection of Family Violence from Intimate Partners. However, despite various intervention, many couples remain in relationships where violence remains present. Paradoxically, it appears that there exists a symbiotic relationship between these relationships and the dynamic of violence.

This three day workshop engages the learner to look at what goes on in violent relationships. It introduces various theories to help us better understand violent relationships and the various considerations to take when working with couples in violent relationships. Learners will then be introduced to the three stages of working with couples in violent relationships, identifying key areas of focus such as safety, contributory factors, readiness of the couple to work, communication and negotiation, etc.

Learning Outcomes
By the end of the course, participants will be able to:

1. Interpret the dynamics that entrap clients in violent relationships
2. Assess clients readiness to address violence in the relationship
3. Explain how the 3-stages of intervention is used to address the needs of the client

Target Audience / Pre-requisites
Target audience includes social work assistants, social workers, allied health workers, counsellors, welfare officers and other social work professionals across the spectrum of social service sectors.

The skills and knowledge for this course, which the learner is assumed to possess, are as follows:

- Be able to listen and speak English at a proficiency level equivalent to the Employability Skills System Workplace Literacy (WPL) Level 6
- Be able to read and write English at a proficiency level equivalent to the Employability Skills System Workplace Literacy (WPL) Level 6
- Be able to use numeracy skills equivalent to the Employability Skills System Workplace Numeracy (WPN) Level 6

Assessment Requirements
Learners will be assessed by written questions in a summative assessment at the end of training.

Course Agenda
- Introduction: Moving from no-violence to non-violence
- Main theoretical models
- Challenges in working with violent relationship
- Dynamics of violent relationships
- Assessment of risks and motivation for challenge
- Case discussions
- Pre-couple work phase
- Strategies for safety for perpetrators
• Strategies for safety for victims
• Strategies for safety for social workers/counsellors
• Pre-couple work phase – contracting
• Couple work phase
• Couple work phase
• Couple work phase
• Couple work: Ending phase

## Course Fees

Full fees: $802.50 inclusive of GST

Nett Fees\(^\dagger\): $80.25 inclusive of GST (after WDA subsidy of 90%)

\(^\dagger\)Funding is applicable to Singaporeans and Singapore PRs only.

## Trainer’s Profile

**Mr Benny Bong**, MSW (McGill University), BA (Arts), is currently the Director / Family and Marital Therapist at The Family Therapist, a private practice for the last thirteen years. Mr Bong is recognised as a Master Social Worker and also sits on a Review Committee with the Ministry of Social and Family Development.

Mr Bong was previously a Family and Marital Therapist for nine years and Executive Director for five years at Counselling and Care Centre. He has an extensive training background and is currently an external lecturer with Swinburne University of Technology, National Institute of Education Singapore and an Adjunct Trainer with Social Service Institute.