Managing Sexuality Issues of Adults with Intellectual Disabilities

Duration: 2 days / 14 hours (inclusive assessment)
Venue: Social Service Institute

Overview
This module aims to equip learners with an understanding of sexuality issues in persons with intellectual disabilities — the role of perceptions on sexuality, sexuality development, and basic interventions to manage sexualised behaviours/emotions.

Learning Outcomes
By the end of the course, learners will be able to:

- Describe the impact of their personal values and attitudes towards sex and sexuality on their professional practice
- Interpret the definition of sexual offence in the Penal Code
- Explain the psychosocial development of human sexuality in clients with intellectual disabilities
- Explain strategies used in managing sexualised behaviours/emotions in persons with intellectual disabilities

Target Audience / Pre-requisites
Target audience of social workers, psychologists, special education teachers / teacher-aides and other professionals working with clients with intellectual disabilities.

Learners are encouraged to think about a real case with sexuality issues that they can use as an example to work with during the training. The aim is to encourage learners to apply the information from the training by generating some possible ideas to manage the issues. Note that no identifying information about the client should be shared during the training.

The skills and knowledge for this course, which the learner is assumed to possess, are as follows:

- Be able to listen and speak English at a proficiency level equivalent to the Employability Skills System Workplace Literacy (WPL) Level 6
- Be able to read and write English at a proficiency level equivalent to the Employability Skills System Workplace Literacy (WPL) Level 6
- Be able to use numeracy skills equivalent to the Employability Skills System Workplace Numeracy (WPN) Level 6

Assessment Requirements
Learners will be assessed by written assessment in a summative assessment at the end of training.

Course Agenda
- Introduction / Ice-Breakers
- Myths, attitudes, and values
- What is sexuality?
- Culture/religion and sexuality
- Sexuality and the Law
- Intellectual Disability and psychosexual development
- Sharing of cases with sexuality issues
- Debrief
- Recap
- Sexually challenging behaviour
- Interventions
- Personal care
- Safeguarding vulnerable adults
- Implementing Action (Self, Client, Organization, and Others)
- Assessment / Conclusion

### Course Fees

Full fees: $695.50 inclusive of GST

Nett Fees^: $69.55 inclusive of GST (after WDA subsidy of 90%)

^Funding is applicable to Singaporeans and Singapore PRs only.

### Trainer’s Profile

**Dr Lohsnah Jeevanandam** is a Clinical Psychologist. She completed her undergraduate degree at The University of Sydney, Australia and her Doctorate in Clinical Psychology at The University of Queensland, Australia.

Dr Jeevanandam has worked extensively with persons with intellectual disability. She supervises students on training placement at Down Syndrome Association. She was previously Senior Psychologist at The Movement for the Intellectually Disabled of Singapore. Dr Jeevanandam was the Chairperson of the Scientific Committee for the Asian Federation on Intellectual Disabilities 2015 conference. She has taught on this area at the National Institute of Education. Furthermore, she has research and publications in this area too.

Dr Jeevanandam also works with children, adults, couples and families with general mental health concerns. She is trained in parenting programs and is an expert in managing children and adolescents with behavioural problems.

Dr Jeevanandam also holds several appointments. She is an Adjunct Assistant Professor at the Department of Psychology, The National University of Singapore (NUS) and is also the Clinical Placement Co-ordinator for the Masters in Clinical Psychology programme at NUS. She is a Consultant Psychologist at the Cognitive Health Consultancy International clinic. She is a part-time research supervisor at James Cook University, Singapore. She is also an adjunct lecturer at UniSIM.

Dr Jeevanandam is a Registered Psychologist in Singapore and is a sub-committee member of the Singapore Register of Psychologists. She is also heading the revision of the Singapore Psychology Society’s Code of Ethics.